



40

DAYS OF

Mar. 5 - Apr. 18, 2025

CONSECRATION

40 Days of "LIVING MY BEST LIFE"



IVY
LOVE | GROW | SERVE

PURSUING OUR BEST LIFE IN CHRIST!

The 40-Day Consecration is a time of preparation and devotion to God.



Why 40 Days? It's Lenten Season.

The 40 days prior to Resurrection Sunday (Easter) is commonly known as the Lenten Season or Lent. Lent starts with "Ash Wednesday" (March 5, 2025) and ends on Good Friday (April 18, 2025). The purpose of the Lenten season is to reflect on the sacrifices of Christ as we get closer to the day Christ was crucified followed by His resurrection. Jesus came to the Earth to die for our sins so that we (mankind) could regain the LIFE that mankind once had prior to sin entering the world.

That's Living our BEST life!

John 10:10 ESV

The thief comes only to steal and kill and destroy.

I came that they may have life and have it abundantly.



FOCAL POINTS

1

Reading God's Word

Commit to a daily bible reading plan during the 40 day consecration.

Download Ivy's daily reading plan on our [website](#) or [REALM](#) to join others in our daily readings. Or create your own plan that addresses your specific needs.

2

Prayer

Prayer is a NECESSITY to connect us with God. God DESIRES that His children pray! ([1 Thessalonians 5:17](#)). We can't have the LIFE God has for us without a CONSISTENT prayer life...both privately and corporately!

PRAYER OPPORTUNITIES DURING CONSECRATION

- **Each Friday** during and after the 40 day Consecration (March 7–June 6 at noon EST) there will be a time of Corporate Reflection/Prayer.

Zoom Option - Meeting ID: 757 244 5004

Dial-In Option - Call (312) 626-6799, then enter the Meeting ID: 757 244 5004

- **Every Sunday** Ivy offers in-person Corporate Prayer at 9:30 am at the church.
- There may be a **"pop-up prayer moment"** during the 40 Day consecration. This is an impromptu time that Pastor Swann may call everyone to come to the church just to pray.

LACK OF PRAYER = NOT LIVING MY BEST LIFE!



3

Quiet Devotional Time

The 40 day Consecration is about eliminating as many distractions as possible to focus on the Lord. This would include but is not limited to: Social Media, shopping, how we start and end our days, television, internet and much more. Pray for what you are willing to sacrifice for 40 days so that you can focus on your BEST LIFE.

The goal is 30 minutes per day with NO INTERRUPTIONS—PRIVATE QUALITY TIME WITH GOD.

4

Fasting

If you desire to have a better spiritual connection with God, then incorporate fasting during this season. It will help you recognize areas of repentance, hear God’s voice, obey with certainty, begin to know His will for your life spiritually. Fasting also helps if you have a specific need or desire for a breakthrough or healing ([Mark 9:29](#)).

Every Wednesday will be our corporate fasting days as a church family. You can also fast on other days as you desire. Be prayerful about how you will fast and the type of fast you will do (absolute, partial, Daniel, etc.).

QUESTIONS ABOUT FASTING?

Sis. Angela Jones will be available to answer any questions about fasting.

- **Each Wednesday** at noon
- **Each Friday** after the noon day prayer call

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Sister Angela Jones

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Living Out the 5 Pillars for 2025

1. Living my BEST life is living a life FULLY surrendered to God
2. Living my BEST life is living a life of CONTINUAL repentance
3. Living my BEST life is living a life of COMPLETE obedience to Christ through the power of the Holy Spirit
4. Living my BEST life is living a life that PRIORITIZES the spiritual realm over the physical realm
5. Living my BEST life is living a life of HOLINESS, which is God's standard for me

WHO WOULD YOU LIKE TO SEE SAVED?

WHAT RELATIONSHIPS NEED TO IMPROVE/BE REPAIRED?

Name	Relationship To You

PERSONAL PRAYER TARGETS

The 40 Day Consecration is a GREAT time to see God move in your own life! When you pray for something, please keep in mind:

1. Pray according to the WILL of God! What you desire and what is God's will may be two different things! ([1 John 5:14-15](#))
2. Unconfessed sins hinder your prayers! Be HONEST with God! Don't try to "hide" what is not in His will. He ALREADY knows! ([1 John 1:9](#))
3. Pray with FAITH. If you are going to pray for something, first BELIEVE with all of your heart that God can do it! ([Mark 11:24](#))

MY 40-DAY PRAYER REQUESTS

What do you need God to do for you, your family? How do you need God to help you live your BEST life?

Be SPECIFIC in your prayer requests. Write it down and make it plain to help you see God moving/answering your prayers during or after the fast.



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SHARE YOUR TESTIMONY

As we walk through these 40 days together, we'd love to hear how God is moving in your life.

Your testimony could encourage someone else on their journey! If you'd like to share your experience, send an email to info@ivybaptistchurch.org.

